

We Are Changed by FeedNC

Every day, we are inspired by the people of FeedNC. Here are just three stories of neighbors whose lives have been changed by their time at FeedNC.

“We got food stamps, but it just wasn’t enough. It came down to deciding between paying for food or our monthly bills. We were almost at the point of eating dog food. FeedNC has truly been a blessing. Not only are we able to get food, but it’s good and healthy! I am a diabetic and have high cholesterol, so I am so grateful to be able to get whole grain bread, fresh fruits, and veggies every week from the FeedNC pantry. It’s important to me and important for my health.”

MaryAnn Nichols, Pantry Guest



At FeedNC, it is the great human experience, and in this building, I can see a reflection of the best of human character. With everything going on in the world, in this building... it’s healthy. No one is better than anyone else, and everyone is kind.

Roy McBride, Volunteer

“I was referred to the FeedNC Culinary Training program when I was unemployed. I really didn’t know what I wanted to do, and I just felt kind of lost. After the very first day in the kitchen, I realized how much I loved it and I thought, maybe I can do this.” Te first day we learned knife skills, I was cutting potatoes and Chef came over and said, “Wow, that looks great. Can I take a picture?” I felt so giddy and proud of myself. This program offers so much. I am so excited to get back into the workforce and start my first culinary job next week! I am looking forward to the future and becoming independent.”

Aurora Glass, Culinary Graduate

